



Monday 19th July, 2021

FOR PARENTS OF CLOSE CONTACTS OF COVID-19 – YEAR 6 CHILDREN

Dear Parent/Carer,

Advice for Child to Self-Isolate for 10 Days

We have been advised that there has been a number of possible cases of COVID-19 within the Year 6 bubble. **As a precautionary measure Public Health have advised that children in Year 6 isolate from now.** If the confirmatory tests come back negative then isolation can end and I will advise of that tomorrow.

We have identified that your child has been in close contact with the affected case. In line with the national guidance we recommend that your child now stays at home and **self-isolate up to, and including Monday 26th July**, (10 days after last contact). Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council.

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)



St Bega's Catholic Primary School

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"Care, Courtesy, Concern"



Head Teacher: Mrs. J. Dolphin
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Deputy CEO: M Shorten M.Ed., BA (Hons)
Chair of Directors: J Wilson BA (Hons), PGCE, NPQH

If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.

Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known further advice will be available.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at nhs.uk/coronavirus

Yours sincerely



Mrs JL Dolphin



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