



**Tuesday 26<sup>th</sup> January, 2021**

Following the Prime Minister's announcement on 4 January 2021, only children of critical workers and vulnerable children and young people should attend school or college. All other pupils and students will receive remote education. Parents will not be penalised for their child's absence during this period.

***If your child is eligible to attend, you should not send them to their nursery, childminder, school or college if:***

- they are showing coronavirus (COVID-19) symptoms (The most common symptoms of COVID-19 are recent onset of a new continuous cough or a high temperature or a loss of, or change in, normal sense of taste or smell).
- someone in their household is showing symptoms
- they or someone in their household has tested positive for coronavirus (Covid 19)

If you experience any of the above, then you should immediately self-isolate, staying at home for at least 10 days from when your symptoms started. If you live with others, all other household members who remain well must stay at home and not leave the house for 10 days.

You should immediately arrange a test for the person who has developed symptoms. You should inform your nursery, childminder or school of the results.

**Your child does not need a test if they:**

- have a runny nose, are sneezing or feeling unwell, but do not have a temperature, cough or loss of, or change in, sense of smell or taste
- are advised to self-isolate because they have been in close contact with someone who has tested positive for coronavirus (COVID-19), for example, another pupil in their class, but are not showing symptoms themselves.

*To help us all stay safe and create the safest environments we can for our pupils and staff, it is really important that you follow the advice set out above and wider public health advice and guidance which states that you should:*

- Not leave, or be outside of your home except where necessary.
- If you do leave home for a permitted reason, you should always stay local - unless it is necessary to go further, for example to go to work. Stay local means stay in the village, town, or part of the city where you live.
- Not leave your home to meet socially with anyone you do not live with or are not in a support bubble with (if you are legally permitted to form one).
- You may form a support bubble (if permitted) and a childcare bubble but you must not socially mix with your childcare bubble or meet with your support bubble and childcare bubble at the same time.
- Not mix with or meet other people you do not live with, or have not formed a support



## St Bega's Catholic Primary School

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Telephone / Fax: (01429) 267768

Email: [admin.stbegas@school.hartlepool.gov.uk](mailto:admin.stbegas@school.hartlepool.gov.uk)

"Care, Courtesy, Concern"



Head Teacher: Mrs. J. Dolphin  
CEO: M Regan OBE, DL M.Ed., B.Ed (Hons.), FCIEA, CEA  
Deputy CEO: M Shorten M.Ed., BA (Hons)  
Chair of Directors: J Wilson BA (Hons), PGCE, NPQH

bubble with.

- You may exercise on your own, with one other person, or with your household or support bubble. This should be limited to once per day, and you should not travel outside your local area.
- Not meet other people you do not live with, or have not formed a support bubble with, unless for a permitted reason.
- HANDS - Wash your hands more often than usual, for 20 seconds using soap and water or hand sanitiser, particularly after coughing, sneezing and blowing your nose, before you eat or handle food, or when you get to work or arrive home
- FACE - Cover your mouth and nose with disposable tissues when you cough or sneeze. If you do not have a tissue, sneeze into the crook of your elbow, not into your hand. Dispose of tissues into a disposable rubbish bag and immediately wash your hands with soap and water for 20 seconds or use hand sanitiser.
- Wear a face covering (by law) in some public places unless you have a face covering exemption because of your age, health or another condition. You are also strongly encouraged to wear a face covering in other enclosed public spaces where social distancing may be difficult and where you come into contact with people you do not normally meet.
- SPACE - Stay 2 metres apart from people you do not live with.
- Clean and disinfect regularly touched objects and surfaces using your regular cleaning products to reduce the risk of passing the infection on to other people.

Unfortunately, some children attending school have shared stories which raise concerns that the above laws and guidance are not being followed. It is vital we work together to keep ourselves and each other safe and well. Thank you.



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